

# Boston ElderINFO

## Suffolk County Adult Day Health Center Resources

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*For Information and Referrals in Boston call Boston ElderINFO 617-292-6211 TTY 617-451-6404  
For Information and Referrals outside of Boston call 1-800-AGE-INFO (800-243-4636) TTY 800-872-0166  
Updated January 2015*



<b>Best Choice Adult Day Health Care Inc</b>	
Address	220 Lynnway
	Revere, MA 02151
Phone	781-289-9000
Web	NA
Languages	English, Russian

Socialization ADH for Russian speaking seniors.

<b>CapeVerdean ADH</b>	
Address	34 Hancock St
	Dorchester, MA 02125
Phone	617-288-0300
Web	<a href="http://cscvonline.com/index.asp">http://cscvonline.com/index.asp</a>
Languages	Cape Verdean Creole/English

The program will provide six hours of nursing care and health supervision using an individualized plan of care. Two meals, and one nourishing snack will be served daily. A therapeutic program inclusive of Physical Therapy, Occupational Therapy, Speech Therapy, as well as educational, social, and recreational services, will be offered as needed, to obtain and maintain the participant's maximum level of functioning.

CapeVerdean Adult Day Health Center is open Monday through Friday.

<b>The Community Family ADHC: Everett Center</b>	
Address	106 Wyllis Avenue
	Everett, MA 02149
Phone	617-389-4500
Web	<a href="http://www.communityfamily.org">http://www.communityfamily.org</a>
Languages	English

The Community Family, a non-profit organization, has been a leader in the field of adult day health services for more than 30 years. We pioneered specialized adult day health services for those with memory loss and opened the first such program in Massachusetts. The Everett Center offers a traditional adult day health program for elders and disabled adults.

<b>Don Orione Adult Day Health Program</b>	
Address	111 Orient Ave.
	Boston, MA 02128
Phone	617-569-2100
Web	<a href="http://donorionehome.org">donorionehome.org</a>
Languages	English

The Don Orione Home offers an environment where healing and hope flourish. We believe the best care is a combination of expert clinical skills and a caring, dedicated staff. We minister to each individual with love and compassion and make certain that the dignity of each person is respected at all times. We take pride in the fact that many members of our staff have been with us for numerous years, which contributes to our family-like environment.

<b>Ellis Memorial Adult Day Health Program</b>	
Address	PO Box 170310
	Boston, MA 02771
Phone	617-695-9310
Web	<a href="http://www.ellismemorial.org">www.ellismemorial.org</a>
Languages	English

The goals of our ADHP program are to:

- Prevent the emotional and financial costs of premature institutionalization
- Ensure elders mental, physical and social well being
- Encourage and promote independence

Our full time staff includes two nurses who monitor clients' health, administer medications and work closely with other providers of care. 100% of our clients need medical monitoring daily; 32% need extensive attention and 23% of this group receives daily medication from our nursing staff. Often our nurses are the first to diagnose and respond to medical issues that might otherwise go undetected.

<b>Fuente De Vida Adult Day Care Services</b>	
Address	130 Bradlee St
	Hyde Park, MA 02136
Phone	617-333-0050
Web	<a href="http://fdvboston.com/">http://fdvboston.com/</a>
Languages	Spanish, English

Fuente De Vida provides professional services in a secure and caring environment for adults with health related needs. Our goal is to provide a safe environment in which your loved one can benefit both emotionally and physically, while giving you the peace of mind you need. We also like to provide our participants with the help and support necessary to maintain a happy and independent home. The Fuente De Vida center maintains the connection between the families living in our communities.

<b>Geri-Day ADH Program</b>	
Address	2020R Centre St.
	West Roxbury, MA 02132
Phone	617-325-6700
Web	<a href="http://www.mayinstitute.org/pdfs/geri-day_program.pdf">http://www.mayinstitute.org/pdfs/geri-day_program.pdf</a>
Languages	English, Spanish

The program provides mental health, medical, and social services, along with support services for families and caregivers. Geri-Day participants are valued as mature individuals who know their own needs and can make their own choices. Guided by the principles of psychosocial rehabilitation which encourage flexibility and responsiveness, the Geri-Day program addresses the constantly changing needs of the people it serves.

<b>German Centre Senior Place Adult Day Health</b>	
Address	2222 Centre St
	West Roxbury, MA 02132
Phone	617-325-9477
Web	<a href="http://germancentre.org">germancentre.org</a>
Languages	German, English

Elders who need special day time care because of their health conditions including; stroke, diabetes, malnutrition, cardiac disease, Alzheimer's Parkinson's disease or other medical issues, can receive the care they need at Senior Place. The registered nurse on staff at Senior place designs health treatment plans that address the needs and challenges of each individual, including dressing, grooming, personal hygiene and other activities of daily living.

<b>Great Days for Seniors at Wallingford</b>	
Address	JCHE, 30 Wallingford Rd.
	Brighton, MA 02135
Phone	617-912-8453
Web	<a href="http://www.hebrewseniorlife.org">www.hebrewseniorlife.org</a>
Languages	English, Russian

We provide a great day for seniors at two sites - Hebrew Rehabilitation Center (HRC) in Roslindale and Jewish Community Housing for the Elderly (JCHE) in Brighton. We serve elders of all backgrounds and faiths and provide bilingual services for Russian-speaking individuals at both sites.

Hours of operation are 9 a.m. - 3 p.m. Monday through Saturday. Staffed by a full-time registered nurse, licensed social worker, and recreation specialists, our adult day health programs are designed to help seniors remain active, involved and independent. Program staff help participants function at their best emotionally, physically and intellectually, whether they need nursing care and supervision or simply socialization and a structured community setting.

<b>Greater Boston Chinese Golden Age Center</b>	
<b>4 sites:</b>	<a href="http://www.gbcgac.org">http://www.gbcgac.org</a>
Languages	English/Chinese
	<b>Golden Age Center</b>
Address	75 Kneeland St, Suite 204
	Boston, MA 02421
Phone	617-365-0226
	<b>Hong Lok House (temporary location)</b>
Address	Peter Faneuil House 60 Joy Street
	Boston, MA 20114
Phone	617-542-7458
	<b>Quincy Tower</b>
Address	5 Oak St. West.
	Boston, MA 02116
Phone	617-423-7563
	<b>Brighton House</b>
Address	677 Cambridge St
	Brighton, MA 02135
Phone	617-789-4289

The goals of this program are to improve the physical and emotional well-being of clients, to support and enhance our clients' quality of life and ability to live independently in the community, to prevent isolation due to age, physical impairments, or linguistic and cultural barriers by promoting socialization, and to provide support to caregivers. Professional bilingual staff at the agency's adult day health & social day care centers provides skilled nursing care, health monitoring, nutritional services, health and public education, social service, information and assistance, coordination of services, caregiver support, recreational and educational activities, and transportation. ADH serves as an integral part of the community service network and long-term care continuum while providing low-cost quality care. Drop-in social services are available at Quincy Tower. Other recreational activities are also provided. Chinese style lunch is served Monday through Friday on a first come first serve basis starting at 11:15 am with a suggested voluntary donation.

<b>Haitian Adult Day Health</b>	
Address	9 Livingstone St
	Dorchester Center, MA 02124
Phone	617-288-4155
Web	NA
Languages	Haitian, Creole

<b>Hancock Park Adult Day Health</b>	
Address	164 Parkingway
	Quincy, MA 02169
Phone	617-773-4222 x216
Web	<a href="http://www.welchhrg.com">http://www.welchhrg.com</a>
Languages	English
<p>Services offered include: medical supervision by an RN, medication management and fluid/food intake, healthy and nutritious meals and snacks, supportive counseling services provided by a licensed social worker, assistance in home care planning, hairdresser/barber services, and transportation services. The center is open from 7:30 am - 3:30 pm. Transportation available for Dorchester residents.</p>	

<b>Hebrew Rehab Adult Day Health</b>	
Address	1200 Centre St.
	Roslindale, MA 02131
Phone	617-363-8515
Web	<a href="http://www.hebrewseniorlife.org/workfiles/HRC/ADHP_Brochure.pdf">http://www.hebrewseniorlife.org/workfiles/HRC/ADHP_Brochure.pdf</a>
Languages	English, Russian

They provide a great day for seniors at two sites - Hebrew Rehabilitation Center (HRC) in Roslindale and Jewish Community Housing for the Elderly (JCHE) in Brighton. They serve elders of all backgrounds and faiths and provide bilingual services for Russian-speaking individuals at both sites.

Hours of operation are 9 a.m. - 3 p.m. Monday through Saturday. Staffed by a full-time registered nurse, licensed social worker, and recreation specialists, their adult day health programs are designed to help seniors remain active, involved and independent. Program staff help participants function at their best emotionally, physically and intellectually, whether they need nursing care and supervision or simply socialization and a structured community setting.

<b>Kit Clark Senior Services</b>	
<b>4 Sites</b>	www.kitclark.org
	Field's Corner
<b>Address</b>	1500 Dorchester Ave
	Dorchester, MA 02122
Phone	617-533-9214
Languages	English
	Vietnamese Adult Day Health
<b>Address</b>	42 Charles St
	Dorchester, MA 02122
Phone	617-474-1190
Languages	Vietnamese, English
	Codman Square -- Specializing in Memory Loss
	Alternative ADH Program for people experiencing homelessness
<b>Address</b>	645 Washington St.
	Dorchester, MA 02124
Phone	617-533-9225
Languages	English
	Haitian Adult Day Health
<b>Address</b>	22 Beechwood St
	Dorchester, MA 02121
Phone	617-619-6941
Languages	Haitian Creole, English

Kit Clark Senior Services has helped older adults in Greater Boston live with dignity and independence in the community since 1974. Named after Dorchester community activist Catherine (Kit) Forbes Clark, Kit Clark has an integrated continuum of services that provide support for about 4,000 elders each year. With over 200 staff and more than 30 program locations across Boston, Kit Clark has an enormously positive impact on the lives of thousands of senior Bostonians and their families.

<b>La Alianza Hispana, Inc. ADHC</b>	
Address	63 Parker Hill Ave
	Boston, MA 02120
Phone	617-232-0634
Web	<a href="http://www.laalianza.org/">http://www.laalianza.org/</a>
Languages	English/Spanish

La Alianza Hispana’s Adult Day Health Program provides culturally appropriate daily care for the elderly, and related support services for their families.

Our Adult Day Health Program, located at 63 Parker Hill Avenue in Boston, MA, is a vibrant hub where Latino seniors connect with each other, engage in healthy lifestyle activities, and participate in civic and community life.

The Adult Day Health Program delivers bilingual services focused on preventative medicine, medical monitoring, therapeutic services, and social/recreational activities for individuals who are at least 40 years of age. Our program aims to maximize and/or sustain participant’s cognitive abilities and overall independence and productivity.

<b>Margaret M. Shea RN Adult Day Health Program</b>	
Address	229 River Street
	Mattapan, MA 02126
Phone	617-298-7970
Web	<a href="http://www.bmc.org/mattapanadult.htm">http://www.bmc.org/mattapanadult.htm</a>
Languages	English

The Margaret M. Shea RN Adult Day Health Program (formerly Mattapan Adult Day Health Program) offers families peace of mind and a support system to help them with decisions involving the care of their loved ones. Our program has provided daycare services to Boston area adults and seniors for over 28 years. For many frail elderly, adult day care allows them to live alone, or with family, postponing and often preventing nursing home placement. Our adult day program also serves adults (age 18 and over) who may have disabilities that prevent them from being completely independent. This environment offers structure to the isolated, confused, or depressed in a home-like setting. The program provides respite to the primary caregiver to be employed outside the home while their family member attends the day program.

<b>Pearl ADHC</b>	
Address	35 Soldiers Field Place
	Brighton, MA 02135
Phone	617-787-9999
Web	NA
Languages	Russian/English
	no description available

<b>Revere Adult Day Health Center</b>	
Address	765 Revere Beach Parkway
	Revere, MA 02151
Phone	781-629-1699
Web	<a href="http://revereadhc.com/home">http://revereadhc.com/home</a>
Languages	English/Spanish

Revere Adult Day Health Care, an experienced adult day health care provider, with more than 10 years of experience. We are committed to excellence and superior service delivery. We have a proven track record of delivering personalized, high quality healthcare services to Medicaid recipients. Our specially trained staff ensures patients are well respected, empowered and strengthened. We hope that You will recognize our deep commitment and professionalism to provide services to the residents of senior buildings. Revere ADHC is a free-standing, state-of-the-art facility, providing comfort, safety and independence through: Full Range of Nursing; Nutritionion; Case Management; Rehabilitative services; Social Activities

<b>Rogerson Adult Day Health</b>	
<b>3 Locations</b>	
Web	<a href="http://www.rogerson.org">http://www.rogerson.org</a>
	<b>Rogerson House Adult Day Health--Memory Loss Program</b>
Address	434 Jamaica Way
	Jamaica Plain, MA 02130
Phone	617-983-2300
	<b>Rogerson Roslindale Adult Day Health</b>
Address	23 Florence St
	Roslindale, MA 02131
Phone	617-469-5874
	<b>Rogerson Egleston Adult Day Health</b>
Address	2053R Columbus Ave
	Roxbury, MA 02119
Phone	617-427-5505

The Rogerson House day program offers a positive option for those with memory loss who wish to continue living at home. This program gives participants access to programs and services designed to help maintain their physical and mental abilities. We promote socialization and provide nutritious meals, medication management, health monitoring, and an array of social and expressive therapy programs. Day program professionals include a nurse, a social worker, expressive therapists, program assistants and a full-time program director. Our day program participants enjoy the same specialized programming (Rogerson ARCHESSM) as our full-time residents, which emphasizes the positive, builds on abilities, and enhances self-confidence.

<b>Sant Bel Vi, Haitian Adult Daycare</b>	
Address	6 Frontenac Street
	Dorchester, MA 02124
Phone	617-288-4155
Web	<a href="http://mydorchester.org/Sant-Bel-Vi">http://mydorchester.org/Sant-Bel-Vi</a>
Languages	Haitian Creole, English

Sant Bel Vi opens Sunday to Friday 8am to 4pm. Sant Bèl Vi is a Haitian adult day care center that offers a community setting for elderly patients whose medical conditions require a need for nursing supervision, and/or rehabilitative therapy. The goals of the program are to provide health, social, and nutritional intervention, to prevent premature institutionalization.

<b>Sarah Care Adult Day Health</b>	
Address	1225 Dorchester Ave
	Dorchester, MA 02125
Phone	617-265-0200
Web	<a href="http://www.sarahcare.com">http://www.sarahcare.com</a>
Languages	English

At SarahCare Adult Day Care, we create a vibrant and social community for your loved one to enjoy their day while receiving the care and support they need. Because our care is provided in centers with a specially trained staff, we can handle your loved one's complex health-related needs. Family caregivers will have peace of mind knowing their aging parent or senior loved one is spending the day in a safe, fun and socially engaging environment while receiving expert care. For you, we simplify and co-ordinate their care so you can spend time enjoying being with your aging loved one instead of feeling stressed and overwhelmed trying to manage their health.

<b>Senior Connections</b>	
Address	2070 Centre St
	West Roxbury, MA 02132
Phone	617-469-1986
Web	NA
Languages	English

Senior Connections is a storefront 55+ program that engages residents in volunteer work, self-advocacy, as well as art and music outings and events. Participants are usually retired and join other senior groups in activities and events. Nursing services are available for speech, occupation and physical therapies. For a tour or to make a referral, please contact our Program Director at 781-762-4001 ext. 345.

<b>Soldiers Home ADH</b>	
Address	91 Crest Ave.
	Chelsea, MA 02150
Phone	617-884-5660
Web	<a href="http://www.mass.gov/eohhs/gov/departments/che/">http://www.mass.gov/eohhs/gov/departments/che/</a>
Language	English, contact for others
<p>Established in 1882, the Soldiers' Home in Chelsea is a multifaceted health care facility available to eligible veterans of the Commonwealth of Massachusetts. The Soldiers' Home is inspected annually by the Department of Veterans' Affairs and the Department of Public Health.</p> <p>Our mission is to provide the best health care possible to eligible veterans who reside in the Commonwealth of Massachusetts.</p>	