



Promoting Independence At Home

**HomePower** 家護服務是給22歲以上及有殘障人士提供家庭和護理服務, 以使他  
們能夠在家中安全和獨立地生活。家護服務計劃是由麻州醫療補助資助的一個  
成年人生活協助計劃(GAFC)。

### 家護服務提供什麼幫助?

- 協助或監督個人護理, 如抹身, 洗澡, 腳部護理, 穿衣服, 梳理, 整理穿戴衣飾。
- 註冊護士和個案經理每月交替探訪以作評估和計劃服務。
- 即使您現在有探訪護士或善終服務, 您亦可同時參加我們的家護服務。

### 其他額外服務根據需要

- 清潔和打掃家居
- 洗衣
- 煮飯或送餐
- 買餸服務
- 安排交通接送
- 參加每星期 2-5 天的成人日間護理中心

### 誰可以參加這個計劃?

- 有麻州標準醫療補助白卡
- 殘障人士年滿22歲及以上, 居住在管理房屋 (BHA-波士頓房屋局, 聚集房屋, 老年人房屋等)。
- 有自理, 認知功能或意識障礙, 以至如果沒有一致或系統化的協助, 個人不能安全地和獨立地生活。
- 需要和接受每星期7天個人護理協助或監督。



想了解更多信息

或作出轉介:

請致電波士頓老人居家服務中心熱線電話

617-292-6211告訴職員轉介

HomePower 家護服務





Promoting Independence At Home

**HomePower** is a program that empowers people to live safely and independently at home. HomePower is a Group Adult Foster Care Program funded by MassHealth that provides supportive services to individuals with disabilities, ages 22 and over.

### What does HomePower offer?

- Hands on assistance, or supervision, handling personal care activities such as bathing and dressing.
- Alternating monthly home visits by a registered nurse and/or care coordinator.
- HomePower services can also be used while there is Hospice and Visiting Nursing in place.

### Additional Services Offered Based on Need

- Homemaking
- Laundry
- Meal preparation and home delivered meals
- Grocery Shopping
- Transportation Arrangements
- Adult Day Health programs 2-5 days per week and more

### Who can participate in this program?

- Individuals eligible for MassHealth Standard or CommonHealth coverage.
- Individuals with disabilities, aged 22 years or older that reside in a managed building (Boston Housing Authority, congregate housing, senior housing, etc.) with 24-hour access.
- Has functional or cognitive impairment that prevents individuals from living safely and independently in the community.
- Requires and *accepts assistance with personal care* one hour per day 7 days/week.



**For more information  
or to make a referral:**

**Call Boston ElderINFO at  
617-292-6211 and ask about  
HomePower**

