

The **Personal Care Attendant Program (PCA)** is a MassHealth funded program that helps people with long-term disabilities live independently at home.

What does this program offer?

The PCA program gives each eligible MassHealth member funds to hire a personal care attendant to help with activities of daily living (ADLs) such as bathing, dressing, eating, toileting, range of motion exercises, taking medications, and moving about inside the home. The MassHealth member becomes the employer, and is in charge of hiring, firing, training, and supervising the PCA.

Participant's Eligibility?

- Has MassHealth Standard or CommonHealth.
- Their doctor or nurse practitioner must prescribe the personal care services for them.
- Must have a permanent or chronic disability that prevents them from taking care of their personal needs.
- Must need physical assistance with two or more activities of daily living (ADLs).
- Their personal care services must be medically necessary, and they must have a prior authorization from MassHealth.

Who can be a Personal Care Attendant (PCA)?

- Must be legally authorized to work in the United States.
- Must be able to understand and carry out the participant's instructions.
- Cannot be a spouse, legal responsible relative, or the participant's surrogate.
- Must be willing to be trained and supervised by the participant or their surrogate.

The PCA will be paid to:

- Provide services for the number of daytime and nighttime hours per week approved by MassHealth.
- Perform the services specified in the participant's PCA evaluation.

The PCA will not be paid to:

- Help the participant while they are in a hospital or nursing facility, or in community programs funded by MassHealth.
- Provide social services such as babysitting, recreation, or educational activities.
- Provide medical services that are available from other MassHealth providers.



For more information or to make a referral:

**Call Boston Elder/INFO at
617-292-6211**



個人護理助理項目(簡稱PCA) 是麻州健康計劃(MassHealth)出資幫助獨立居住, 並有長期身體殘疾或疾病的人.

我們提供什麼?

個人護理助理項目為每個合格的MassHealth健康保險成員提供經費, 以便成員自己聘請助理來照料日常生活, 如沖涼, 著衫, 食飯, 去洗手間, 協助活動肢體, 協助食藥, 以及其他在家中的活動. MassHealth成員即為雇主/客戶, 可以僱傭, 解僱, 培訓, 以及監督自己的護理助理工作情況.

參與條件?

- 您必須擁有MassHealth標準健康保險(即MassHealth Standard), 或者CommonHealth健康保險.
- 您的醫生或者護士必須鑑定為您需要個人護理.
- 您必須有永久性或長期的身體疾病或殘疾導致您無法照顧自己.
- 您必須有兩項或以上的日常生活需要助理幫助.
- 從醫療角度來說, 您對個人護理的需求是必要的. 並且, 您的個人護理項目必須由MassHealth批准.

誰可以成為您的“個人護理助理(簡稱PCA)”?

- 可以合法在美國工作的人.
- 明白您的要求, 並能完成您指示的人.
- 您的個人護理助理不可以是您的配偶, 法定監護人, 或者您的個人代理人(如適用).
- 您的個人護理助理必須願意接受您或您代理人的培訓和監督.

個人護理助理(PCA) 將提供以下服務來獲取工資:

- 護理工作時間需要滿足MassHealth批准的每週白天加黑夜總小時數.
- 完成MassHealth評估並確定的客戶所需護理項目.

個人護理助理(PCA) 在以下情況無法獲取工資:

- 當客戶在醫院, 護理機構, 或者接受MassHealth出資的其他社區服務項目時, 護理助理提供的服務無法獲取工資.
- 為客戶提供社會性服務, 例如照顧孩子, 娛樂或者教育類活動.
- 如客戶已享有MassHealth的其他醫療服務, 則相同的護理服務將無法獲取工資.



更多信息或者需要推薦,請致電
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