

Bu kasa. Bu escolha. Bu Kuidado.

Programa di Atendimento pa Kuidados Pessoais (PCA) eh um programa finansiado pa MassHealth ki ta djuda pessoas ki sta a txeu tempo ku problemas di invalidez a vivi di forma independenti na ses Kasa.

Proposta di programa (kuse ki eh ta ofereci)?

Programa PCA ta disponibilisa fundos di MassHealth a pessoas ki ta kualifica pa kontrata um alguem pa djudas na atividades di tudo dia (ADLs) sima: toma banho, bisti, kume, bai pa kasa banho (higiene pessoal), fasi exersisios, toma ramede e movimenta dentu kasa. Membro di MassHealth ta bira empregador (patron) e eh el ki ta Kontrata, dispidi, trena e fasi supervison di se PCA.

Eligibilidade/kenha ki podi kandidata pa es programa?

- Kenha ki tem MassHealth Standart ou CommonHealth
- Kenha ki se mediku ou enfermeru preskrevi (rekumenda) servisu di kuidadu pessoal
- Kenha ki ten diagnostiku (avaliason di mediku) di invalidez permanenti ou kroniku ki ta impedil di fasi ses atividades di dia a dia
- Kenha ki mesti assistensia na dos ou mas atividades di dia a dia
- Servisos di kuidadu pessoal tem ki ser un necessidadi mediku e ten ki ta ser autorizadu primeru pa MassHealth

Kem ki podi ser kuidador?

- Kenha ki podi trabadja legalmente na Merka
- Kenha ki ta entendi e segui instruson di se empregador (patron)
- Ka podi ser marido/mudjer, responsavel legal ou ken ki ta djudal ser empregador
- Kenha ki ki kre ser trenadu e ten supervison di membro (patron) ou se di se apoio

PCA ta pagadu pa:

- Horas di servisos/trabadju durante dia e di noti, pa semana, aprovalu pa MassHealth
- Servisos especificadus na avaliason pa programa PCA

PCA ka ta recebi pa:

- Djuda membro si eh stiver internadu na hospital, na kuidadu di enfermagem ou na programas kunitarios financiados pa MassHealth
- Fasi servisos sima kuida di minino, rekriason ou atividades edukativos
- Fasi servisos medikus disponibilizados pa otus agencias di MassHealth



Pa mas informason ou pa fasi aplikason:

Txoma Boston ElderINFO pa 617-292-6211



The **Personal Care Attendant Program (PCA)** is a MassHealth funded program that helps people with long-term disabilities live independently at home.

What does this program offer?

The PCA program gives each eligible MassHealth member funds to hire a personal care attendant to help with activities of daily living (ADLs) such as bathing, dressing, eating, toileting, range of motion exercises, taking medications, and moving about inside the home. The MassHealth member becomes the employer, and is in charge of hiring, firing, training, and supervising the PCA.

Participant's Eligibility?

- Has MassHealth Standard or CommonHealth.
- Their doctor or nurse practitioner must prescribe the personal care services for them.
- Must have a permanent or chronic disability that prevents them from taking care of their personal needs.
- Must need physical assistance with two or more activities of daily living (ADLs).
- Their personal care services must be medically necessary, and they must have a prior authorization from MassHealth.

Who can be a Personal Care Attendant (PCA)?

- Must be legally authorized to work in the United States.
- Must be able to understand and carry out the participant's instructions.
- Cannot be a spouse, legal responsible relative, or the participant's surrogate.
- Must be willing to be trained and supervised by the participant or their surrogate.

The PCA will be paid to:

- Provide services for the number of daytime and nighttime hours per week approved by MassHealth.
- Perform the services specified in the participant's PCA evaluation.

The PCA will not be paid to:

- Help the participant while they are in a hospital or nursing facility, or in community programs funded by MassHealth.
- Provide social services such as babysitting, recreation, or educational activities.
- Provide medical services that are available from other MassHealth providers.



**For more information or to make a referral:
Call Boston ElderINFO at
617-292-6211**

